

O-23-15 Proposed Planning Commission Amendment

"PERSONAL FITNESS STUDIO" MEANS AN ESTABLISHMENT, AS DISTINGUISHED FROM A HEALTH CLUB, THAT SPECIALIZES IN SMALL GROUP AND INDIVIDUAL PHYSICAL TRAINING, EXERCISE, OR HEALTH AND WELLNESS COUNSELING LED BY AN INSTRUCTOR. THE TOTAL FLOOR AREA OF THE ESTABLISHMENT DEVOTED TO EXERCISE SPACE SHALL NOT EXCEED 2,000 SQUARE FEET. THE TERM "PERSONAL FITNESS STUDIO" INCLUDES, BUT IS NOT LIMITED TO, AEROBICS, ~~SPIN CYCLING,~~ BOXING OR MARTIAL ARTS, STEP, YOGA ,PILATES, STRENGTH TRAINING, SELF-DEFENSE, AND NUTRITION AND WEIGHT CONTROL CLASSES. HOURS OF OPERATION ARE BETWEEN 6:00 AM AND 10:00 PM. ~~FOR THE PURPOSES OF THIS CHAPTER "PERSONAL FITNESS STUDIO" DOES NOT INCLUDE A HEALTH CLUB.~~

"PHYSICAL HEALTH FACILITIES" MEANS HEALTH CLUBS, GYMNASIUMS AND OTHER FACILITIES IN WHICH MEMBERSHIP IS OFFERED TO INDIVIDUALS TO USE PHYSICAL EXERCISE EQUIPMENT, INCLUDING, BUT NOT LIMITED TO, SAUNAS, WHIRLPOOLS, WEIGHTLIFTING ROOMS, STEAM ROOMS, AND EXERCISE MACHINES.