



**City of Annapolis**

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**Community Grant Application**  
**Deadline: January 22, 2016**

Organization name Anne Arundel County Community Action Agency  
Contact Sascha Lipczenko Title Director, AYSB  
Address 251 West Street  
Phone 410-626-1800 Fax 410-626-1922 Email aysb2001@yahoo.com  
Federal ID # 52-6064934  
Incorporation Date July 30, 1965 501(c)(3) Registration date March 1966  
Project title Annapolis Youth Services Bureau  
Project location 92 W Washington St..

Amount requested	\$	<u>50,000.00</u>
Other funds	\$	<u>123,755.00</u>
Total project amount	\$	<u>173,755.00</u>

**Certification**

**"I certify that** I have reviewed this application and that to the best of my knowledge and belief, all the information provided in this application is true."

Gretchen Huntley Signature of Chief Executive Officer 1/21/16 Date

Print name Gretchen Huntley Title CEO  
Address 251 West Street  
Phone 410-626-1900 Ex. 1024 Fax 410-267-9143 Email ghuntley@aaccaa.org

## EXECUTIVE SUMMARY

Provide a brief summary of your project. Please be sure to include the following items: purpose of the project, number of people to be served, and how the city grant funds will be used.

The purpose of Community Action's Annapolis Youth Services Bureau (AYSB) program is to provide delinquency prevention and diversion services and behavioral/mental and substance use prevention services to youth and their families. AYSB provides informal and formal individual, family, and group counseling targeting issues of anger management, decision-making, overly aggressive and risky behaviors, depression, and helping children, youth, and families learn effective life skills. AYSB also provides crisis intervention services, substance use screening and counseling, and information. And referral services. AYSB has a target of 50 informal and 40 formal status clients for its overall project. Funding is used *to* cover operations, salaries and supplies. Most important is that City of Annapolis funds are an essential to the program as they are matching funds that allow the draw down of state funds.

## PERFORMANCE HISTORY

If you received Community Grant funds last year, please evaluate progress you have made in implementing those projects. Please discuss any factors that may have hindered your progress.

AYSB is on target to meet its goals in serving 40 formal clients in its program.

Reaching projected goals has recently been difficult due *to* funding cutbacks. Throughout, staff have meet the challenge through their dedication to the children and families we serve. Continued under funding results in wait lists, which result in delays in addressing immediate issues.

Annapolis families represent over 60% of the families served by AYSB, Funding at the requested level will continue to assure that Annapolis residents continue to receive the high level services provided by AYSB.

### RATIONALE (20 Points)

Describe the issue or problem to be addressed including the size and/or severity of the problem. Provide the demographic data and geographic information used to determine the extent of the problem.

In the most recent Community Foundation of Anne Arundel County's publication "Poverty Amidst Plenty," a community needs study, it is stated that "mental health issues were cited as a major concern throughout the focus groups, with many participants believing mental health to be the number one health issue." Citing behaviors among young people, the study notes that "young people are particularly vulnerable to risky behaviors," with Anne Arundel County youth exceeding the Maryland and national average rates by persons 12-20 years of age for both alcohol and binge drinking and drug abuse.

The needs assessment further states that basic mental health access is a big problem for low income residents, especially for specialty access. With the economic recovery not positively impacting most of the families we serve, AYSB has had an increase in referrals for depression among youth. (This was also a finding in the Community Foundation assessment.) In 2010 AYSB had not received any such referrals; since then, we have seen an increase of as much as 10% annually, of children and youth being referred to us due to depression. Also, there have been serious issues with youth suicide throughout the county, with limited community resources to handle the interventions to prevent youth from attempts and crisis and counseling that becomes necessary for the survivors and friends in the aftermath of a completed suicide.

The State of Maryland and Anne Arundel County have identified a serious, if not epidemic spike in drug use. In response, there have been increased efforts in having treatment for co-occurring issues, which AYSB provides.

During recent interviews with the Regional Director for the Department of Juvenile Services (DJS), the need for additional services for the youth they serve was noted, in order to effect the recidivism rates and reduce the needs for deeper end placements. They identified substance use/mental health (concurring disorders), anger management and peer relationship counseling among the most needed services, which AYSB offers and will continue to provide, but is severely limited do to funding issues.

In DJS's most recent needs assessment they state, "Overall, most of the jurisdictions reported having access to at least one community-based program to meet the various treatment needs of youth in each major need domain. There were just a few notable exceptions: A significant number of youth under probation in Anne Arundel and Worcester Counties demonstrated a moderate or high need related to aggression, but these counties did not report access to any services to address the need." In our meetings it was clarified that AYSB was recognized as providing such services, but that the need was greater than our present capacity.

In addition, there is also a growing need for bilingual providers in the County. AYSB has a cadre of interpreters to address this issue.

### PROJECT DESCRIPTION (30 Points)

Please give a detailed description of the program or project you are proposing. Please include the group of persons you plan to serve and the number of expected participants, the activities or services you will provide and location.

AYSB provides the following core services (for youth 5 to 18, and their families): comprehensive formal counseling to children, youth and their families; informal counseling, advocacy and support services to children, youth and families; crisis intervention services including suicide prevention; life skills training and counseling; information and referral services; substance use treatment, assessment and referrals, and school-based anger management training and support groups. Other services are provided in collaboration with community based programs throughout the City to provide support for the development of strategies to work with children and youth to prevent crime and delinquency, and offer behavioral and mental health care.

Services are provided throughout the county, with 55-70% of the population served coming from Annapolis. 90-95% of all clients served are of low income. We are able to serve Spanish speaking families by providing interpreters.

Services are provided at the Stanton Center five days a week, (10 a.m. to 6 p.m.), and additionally by appointment until 8:00p.m. AYSB also participates as a partner with the Anne Arundel County Public School in the ACE Program at the Annapolis Boys and Girls Club. Staff are also available on site at Georgetown East Elementary. AYSB staff provide group sessions in other venues as needed.

The services targets for AYSB overall are 50 informal and 40 formal youth and their families.

Describe the methodology (or approach) for the proposed program/project, e.g., the procedures, tasks, techniques, or tools you will use to develop the program

AYSB employees utilize individual and group Cognitive Behavioral Therapy, Play Therapy and Crisis Interventions techniques to serve its clients. We also have a consultant who is a Certified Addiction Counselor who provides additional support to staff on substance use issues as well as therapeutic services. Interventions are primarily targeted at behavior issues though mental health needs are also addressed. AYSB focuses on collaborating with the community to establish community linkage and the development of strategies to work with children and youth to prevent crime and delinquency, as well as foster positive healthy growth.

We utilize evidence based and nationally recognized tools in working with our customers like the Beck Depression Scale and SASSI (substance use assessments). We see youth individually, as well as in groups.

As Kids at Hope agency, we support the efforts of Kids at Hope schools, which is incorporated in all Annapolis Schools. As Annapolis designated itself as an "At Hope Square" by resolution in 2010, we support the cities commitment to the belief that: "All children are capable of success. No Exceptions!"

Explain how this proposal relates to the organization's mission, goals and/or strategic plan, and other activities planned for this year.

Since 1965, Anne Arundel County Community Action Agency, Inc. has worked to bring help, hope, opportunity and change to thousands of impoverished families in Anne Arundel County. We are the designated anti-poverty agency for all of Anne Arundel County. Our mission is to help individuals and families living below, at or near poverty income levels, improve their economic conditions and become self-reliant. Our programs support social change and address the root causes of problems in addition to addressing the consequences of those problems. Our goal is to influence the county, communities, systems and institutions and not just the individuals.

It is within Community Action's mission that AYSB provides its services. Though AYSB's services are not based on income eligibility, most of its clients are of low income and would not have access to services other than through the Annapolis Youth Services Bureau. AYSB was created in 1972, as a partnership between the City of Annapolis, the State of Maryland and the Community Action Agency, to provide prevention and diversion, and mental health services for youth, and their families. This program is in keeping with the City of Annapolis' commitment to all children, and their families.

Like all Youth Services Bureaus in the State, the agreement calls for local government entities to be the "matching fund" provider, which The City of Annapolis provides for AYSB, to be able to draw down State funding.

AYSB is certified as a Youth Services Bureau by the Maryland Department of Juvenile Services and is governed through Human Services section of the Maryland Annotated Code, Title 9, Juvenile Services and related COMAR sections.

**TIMELINE (10 Points)**

Provide a timeline for implementation and all program/project activities for the project.

Date	Activity
July 1, 2017	Provide Mental Health/Substance Use treatment/Counseling intervention and diversion services.
	Period of services is July 1 2016- June 30, 2017

Please indicate how you have determined that the timeline is achievable.

As indicated above, Community Action Agency has been a community provider for 50 years and AYSB providing successful counseling services since 1972. We the have experience and are confident in our ability to serve the community at the levels indicated. Services are provided throughout the funded period.

Describe the organization's ability to implement the request.

The Community Action Agency's Board of Directors consists of fifteen (15) volunteers of the community, representing the people served, elected officials, and the business, education, civic, and religious communities. The Board is active in developing plans for each of the programs operated by the organization. The CEO is very active in addressing the needs and goals of residents as well as forging partnerships that benefit the City's families.

CAA has been successfully providing services and opportunities that work reduce the causes and conditions of poverty since 1965. Four divisions support the programs of Community Action: 1) Empowerment Services (Housing, Case Management,); 2) Energy Services; 3) Children (Early Head Start, Head Start and Extended Day), and 4) Youth (Annapolis Youth Services Bureau, Green Summer Works). CAA is financially sound.

AYSB has been providing counseling services since 1972. AYSB services staff are licensed clinicians, with over 75 years of combined therapeutic and counseling experience. AYSB has met all compliance requirements for under COMAR and is annually reviewed by the Department of Juvenile Services monitors.

### EVALUATION (20 Points)

Clearly state the specific, goals, objectives, and measurable outcomes of the project/program.

Goals	Objectives	Measurable Outcomes
Provide individual, group, and family counseling services to all youth and families requesting services	Prevent or divert youth from delinquency  Support improved behavior and family functioning	No charges or new charges against youth offender.  Improved outcomes as measured through the CAFAS (assessment scale) for formal clients.

Describe the impact (long-term effects) you expect will be produced by program/project outcomes.

Annapolis Youth Services Bureau has historically had good outcomes among the 19 bureaus in Maryland. In the most recent surveys, of those youth referred directly by Juvenile Services, Annapolis Youth Services Bureau had 88% success rate (i.e., youth completing or substantially achieving treatment goals do not have involvement with legal agencies or school offences). We continue to strive to match or improve on our rates.

While not all children improve in all the domains for which they are treated, most (80%) have improved in at least in one category. We strive to improve on that level of achievement.

### BUDGET DOCUMENTS (20 Points)

Include a detailed program budget that includes expenses, city funds requested and pending sources of support. **Please use the attached Program/Project Budget Format.**

Outline the organizations plans for securing funding from sources other than those provided by the City of Annapolis and indicate how City of Annapolis' funds will be used to leverage a request for, or use of, other grant funds.

Annapolis Youth Services receives funding from the State of Maryland through the state's children's fund. The City funding is the necessary funding to get the "matching" funds from the State. While we are hopeful that in future years the previous level of funding I will be reinstated, the Community Action Agency and AYSB, have received other grants which have allowed for operations to continue. CAA has a Development Director and the Board is working on plans which will help raise some funds for future operations and additional grant/foundation funding is being sought.

Funding at the requested level will significantly assure that Annapolis residents continue to receive the high level services provided by AYSB.



## PROJECT BUDGET

Please complete the following budget chart for this project, including all budget items, the total budget for each item, and the funds that are being requested for each line item.

Budget item	City funds requested	Other funds	Source of Other funds (Federal, State, Private)	Is "Other funding" committed or requested?	Total project cost
Salaries/Benefits (list each position)					
Program Director	\$ 14,400.00	\$ 36,515.00	County, Private	Requested	\$ 50,915.00
Program Assistant	9,370.00	27,445.00	County, Private	Requested	36,815.00
Therapist	12,230.00	32,275.00	County, Private	Requested	44,505.00
Contract Services	11,585.00	18,085.00	County, Private	Requested	29,670.00
Rent/Leasing Costs					
Utilities/Telephone (please specify)					
Telephone	500.00	750.00	County, Private	Requested	1,250.00
Equipment	0.00	5,000.00	County, Private	Requested	5,000.00
Insurance	150.00	350.00	County, Private	Requested	500.00
Office Supplies	250.00	750.00	County, Private	Requested	1,000.00
Printing/Postage	15.00	85.00	County, Private	Requested	100.00
Audit/Accounting	1,500.00	2,500.00	County, Private	Requested	4,000.00
Other (please describe)					
<b>Total Budget</b>	<b>\$ 50,000.00</b>	<b>\$ 123,755.00</b>			<b>\$ 173,755.00</b>