



MISSION: To expand tennis opportunities for all in Anne Arundel County, and to promote the sport of tennis for health, wellness, and life.

WHO WE ARE

- 501(c)(3) nonprofit organization. EIN# 46-4159121
- Accredited with Anne Arundel County Department of Recreation and Parks
- Certified vendor for the City of Annapolis Recreation and Parks
- Certified as a USTA Community Tennis Association (CTA)
- Certified as a USTA National Junior Tennis & Learning (NJTL) Chapter.
- Member Healthy Anne Arundel Coalition, Healthy Eating Active Living committee (HEAL), and Diversity Inclusion Sub-Committee

WHAT WE DO

- Provide free tennis lessons and distribute free rackets to youth and parents in under-resourced communities. In 2023 over 350 youth and 90 adults participated in Tennis Alliance programs.
- Include an educational component that supports healthy eating and promotes values learned through sport.
- Offer 6-week programs, one-time introductions to tennis, and support community events with interactive booths.
- Use the sport of tennis to teach skills and promote values that enable youth to embrace an active and diverse lifestyle throughout their lives.
- The December Tennis Alliance Newsletter lists 2023 programs and partner organizations.

Link: <https://conta.cc/3GU6wTY>

WHY TENNIS

- Recreational tennis is free.
- Tennis courts are accessible in Anne Arundel County public parks and public schools for free.
- Only a racket and ball (provided with Tennis Alliance programs), and one friend or parent is needed.
- There is no required team, no uniforms, no facility fee.
- Recreational tennis is played in many ways: as a social hit back and forth, friendly competition, competitive play through leagues, high school teams, and tournaments.
- AA County high schools offer two varsity tennis teams: a coed varsity team in the spring and a Unified Tennis team in the fall. Both teams are often no-cut teams.
- Tennis is a sport played by all ages, genders, races, sizes, and expertise levels, with benefits including maintaining healthy body composition, bone health, muscle strength and balance.
- Tennis is a family sport, a social sport, a safe sport, and a lifetime sport that develops the body and mind. Tennis is a sport that promotes resiliency, focus, sportsmanship, discipline, and strength of character.
- Recent studies and fun facts:
 - Tennis players lived the longest of the major sports studied: 9.7 years longer than the average adult. The social aspect of tennis is a factor.
 - Tennis participation in the US continues to grow by the millions. Since 2020 tennis participation grew by 33% to 23.6 million players in 2022. Tennis is typically ranked national just below soccer.

CONTACT

Louise Thomas, Tennis Alliance of Anne Arundel County President, Lthomas@tennisallianceaac.org

P.O. Box 6297, Annapolis, MD 21401 www.TennisAllianceAAC.org
The Tennis Alliance of Anne Arundel County is a 501(c)(3) not-for-profit organization